

Madelyn Duffey
Ph.D., LPC, NCC
San Antonio, Texas
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Educational Background

Doctor of Philosophy, Counselor Education and Supervision August 2024
University of Texas at San Antonio (CACREP accredited)

Master of Science, Clinical Mental Health Counseling August 2020
University of Texas at San Antonio (CACREP accredited)

Master of Arts, Southern Studies August 2018
University of Mississippi

Bachelor of Arts, Humanities with concentrations in English and History August 2010
University of Colorado at Boulder

- Participant, CU Gold CORE Leadership Program

Licensure and Certification

Licensed Professional Counselor #86314
National Certified Counselor (NCC) #1550359

Fellowships

Fellow, Mellon Foundation Democratizing Racial Justice Project August 2021-May 2024
Doctoral Fellow, Department of Counseling August 2020-August 2023

Awards/Honors

Leadership Intern May 2023-May 2024
Chi Sigma Iota

Emerging Leader June 2022-May 2024
Southern Association for Counselor Education and Supervision

Outstanding Graduate Student Leadership Award December 2022
Association for Counselor Education and Supervision

Graduate Student Award December 2022
Association for Creativity in Counseling

Outstanding Graduate Teaching Assistant Award April 2022
The Graduate School, University of Texas at San Antonio

Outstanding Graduate Student Award September 2021
Texas Counseling Association

Outstanding Master's Student Award November 2020
Southern Association for Counselor Education and Supervision

Outstanding Entry Level Student Award
Sigma Alpha Chi Chapter of Chi Sigma Iota

May 2020

Counseling Experience

Owner and Counselor
Madelyn Duffey Counseling PLLC
San Antonio, Texas

May 2024-present

Career Services Provider
Dress for Success San Antonio
San Antonio, Texas

June 2021-June 2023

- Provided career services to community clients from diverse backgrounds
- Assisted with resumes, interview skills, job selection and navigation, career planning

Student Counselor
The College of Education and Human Development (COEHD)
Center for Student Success, University of Texas at San Antonio
San Antonio, Texas

January 2020-December 2020

- Scheduled clients
- Provided strength-based counseling to students at the University of Texas at San Antonio
- Collaborated with clients and supervisors to set goals and create treatment plans
- Ensured accurate client documentation, notes, and records

Student Counselor
Sarabia Family Counseling Center
University of Texas at San Antonio
San Antonio, Texas

August 2019-December 2019

- Provided counseling to community clients
- Collaborated with clients and supervisors to set goals and create treatment plans
- Conducted groups with court-mandated adolescents and parents through a SFCC partnership with the Bexar County Juvenile Justice program

Professional Employment History

Assistant Professor of Practice
Department of Counseling
University of Texas at San Antonio
San Antonio, Texas

August 2024-Present

- Teaches graduate courses within the Department of Counseling
- Serves as Lead Instructor for COU 6883: Trauma, Crisis, & Grief Counseling
- Follows CACREP Standards in course content and design
- Provides course instruction, student mentorship, and additional educational and professional resources
- Grades student assessments and provides feedback
- Serves on the admissions committee for the Clinical Mental Health Counseling master's program
- Serves on Fitness to Practice remediation committees

Graduate Teaching Assistant
Department of Race, Ethnicity, Gender, and Sexuality Studies
University of Texas at San Antonio
San Antonio, Texas

August 2021-May 2024

- Served as Instructor of Record for Introduction to Women's, Gender, and Sexuality Studies courses
- Provided instruction to classes of 30-60 students
- Created syllabi, class design, activities, and assessments
- Graded student assessments and provides feedback
- Ranked in the top percentile of department and college student evaluations each semester (Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024)

Graduate Research Assistant

August 2020-August 2021

Department of Counseling
University of Texas at San Antonio
San Antonio, Texas

- Edited *Teacher Candidate Problem-Solving Engagement Styles*
- Reviewed syllabi and course design and provided recommendations
- Assisted with the COEHD's Center for Student Success orientation, documentation, and programming

Graduate Assistant

October 2019-August 2020

The College of Education and Human Development (COEHD)
Center for Student Success, University of Texas at San Antonio
San Antonio, Texas

- Helped create programming and training
- Provided strengths-based counseling and coaching to graduate students

Graduate Assistant

November 2018-May 2019

The College of Education and Human Development (COEHD)
University of Texas at San Antonio
San Antonio, Texas

- Provided admissions information and assistance to over 100 Department of Counseling prospective students
- Maintained admissions correspondence logs and records
- Provided department tours to potential applicants

Research/Scholarship/Publications

Peer-Reviewed Journal Articles

Spears, J., **Duffey, M.**, & Prasath, P. (2024). Examining counselor-in-training self-efficacy through a "Choose-your-own-adventure" classroom activity. *Journal of Creativity in Mental Health*.
<https://doi.org/10.1080/15401383.2024.2303495>

Duffey, M. (2022). Using historical site visits and photography to develop ethnocultural empathy in a multicultural counseling course. *Journal of Creativity in Mental Health*, (ahead-of-print), 1–12.
<https://doi.org/10.1080/15401383.2022.2115434>

Book Chapters

Trepal, H., Whiting, M., & **Duffey, M.** (in-press). Clinical supervision. In D. Sheperis & C. Sheperis (Eds.), *Clinical mental health counseling: Foundations of applied practice*. Cognella Publishing.

Herlihy, B., & **Duffey, M.** (2023) Ethics & behaviors. In A. Shillingford & K. Butler

(Eds.), *Intersectional counseling skills: The journey to becoming a culturally inclusive counselor*. Cognella Publishing.

Romero, D., **Duffey, M.**, & Storlie, C. (2021). Synthesis of themes. In C. Storlie & B. Herlihy (Eds.), *Leaders and advocates: Strengthening the future of the counseling profession*. ACA Publications.

Haberstroh, S., Feather, K. A., & **Duffey, M.** (2020). Developmental, transitional, and situational crises across the lifespan. In Duffey, T. & Haberstroh, S. (Eds.), *Introduction to crisis and trauma counseling*. Wiley.

Non-Refereed Publications

Duffey, M. (2022, January 31). How to get involved as a student member of ACA. American Counseling Association. <https://www.counseling.org/news/aca-blogs/aca-member-blogs/aca-member/blogs/2022/01/31/how-to-get-involved-as-a-student-member-of-aca>

Cartwright, A., **Duffey, M.**, Foss, L., Fulton, C., Hooks, D., Kress, V., McAllister C., and Westcott, J. (June 3, 2020). Professional advocacy: A call to the profession. *Counseling Today*.

Duffey, M. (Spring, 2020). Importance of counselor wellness and self-care in times of change (contributor). *Sigma Alpha Chi Chapter Newsletter*.

Manuscripts in Progress

Spears, J., Prasath, P., **Duffey, M.**, & Gilmore, E. (in progress, writing manuscript). Artificial intelligence in higher education and considerations for counselor education: A scoping review of scoping reviews.

Duffey, M., Trepal, H., & Harrichand, J. J. S., and Spear, J. (*in progress, writing manuscript*). When the political is personal: Supporting clients experiencing political polarization within their families.

Duffey, M. (*in progress, writing manuscript*) The heroine's journey: Using Relational Cultural Theory to reconsider heroism within counseling.

Scholarly Presentations

International – Refereed

Duffey, M. (2025, July 11). Healing in the age of division: Helping clients navigate political polarization [Content Session]. International Association for Counseling Conference, St. Julians, Malta.

Duffey, M., Smestad, L., Hatchuel, E. (2023, March 31). *Private practice 101: What they don't teach you in grad school* [Content Session]. American Counseling Association (ACA) Conference, Toronto, Canada.

Hatchuel, E., Smestad, L., **Duffey, M.**, Harley, A. (2023, March 31). *Fake it til you make it? Imposter syndrome in students and new counselors* [Content Session]. American Counseling Association (ACA) Conference, Toronto, Canada.

National – Refereed

- Duffey, M.,** Bryan, P., McFarland, K., Corso, C. (2024, April 13). *Navigating feelings of loneliness as counseling students and new professionals* [Content session]. American Counseling Association (ACA) Conference, New Orleans, LA, United States.
- Blanchard, R., **Duffey, M.,** Washington, D., Andre, L., & Messinger, E. (2024, April 16) *Building community between counselor educators and site supervisors for excellence in supervision* [Content session]. Chi Sigma Iota (CSI) Webinar.
- Duffey, M.** & Herlihy, B. (2023, October 13). *Sexual and reproductive health: Addressing ethical considerations in counseling classrooms* [Roundtable]. Association for Counselor Education and Supervision (ACES) Conference, Denver Hyatt Regency, Denver, CO, United States.
- Wahesh, E., Hilts, D., Harrichand, J. J. S., & **Duffey, M.** (2023, October 14). *Professional counselor leadership and advocacy training – CSI sponsored session* [Education session]. Association for Counselor Education and Supervision (ACES) 2023 Conference, Denver Hyatt Regency, Denver, CO, United States.
- Backer, A., Hiatt, K., Moore, M., Bryan, P., & **Duffey, M.** (2022, April 8). *Developing our professional identity in a pandemic-emergent world* [Content session]. American Counseling Association (ACA) Conference, Atlanta, GA, United States.
- Duffey, T., Hudspeth, F., Cruz, T., **Duffey, M.,** Lillis, M., & Spears, R. (2022, April 8). *Getting Creative: Bringing creativity into any practice today* [Content session]. American Counseling Association (ACA) Conference, Atlanta, GA, United States.
- Duffey, M.,** Spears, R., Cruz, T., McVay, K., Lillis, M. (2021, October 8). *Zoom university: First year doctoral student development during COVID-19 in counseling programs* [Poster session]. Association for Counselor Education and Supervision (ACES) Conference, Atlanta, GA, United States.
- McVay, K. Spears, R., Lillis, M., Cruz, T., **Duffey, M.,** & Leeth, C. (2021, April 9). *Intervention during bullying: How to be an upstander* [Content session]. The Chicago School of Professional Psychology's Clinical Mental Health Counseling 4th Annual Virtual Conference, Virtual.
- Kress, V., Foss-Kelly, L., Fulton, C., **Duffey, M.,** & Gibson, D. M. (2021, March-April). *Counselor advocacy: Tools and tips for busy counselors* [Content session]. 2021 American Counseling Association (ACA) Annual Conference, Virtual.
- Lillis, M., Cruz, T., McVay, K., **Duffey, M.,** & Spears, R., (2021, March-April). *Virtually connected: The five good things and relational growth during virtual learning* [Content session]. American Counseling Association (ACA) Conference, Virtual.
- Duffey, M.** (2019, December 13) *Public spaces and historical trauma: The Emmett Till memorial.* Association for creativity in counseling conference [Roundtable]. Association for Creativity in Counseling Conference, Clearwater, FL, United States.

Regional - Refereed

- Spears, J., & **Duffey, M.** (2024, November 9, *proposal accepted*). *Fostering Student Self-Efficacy: Integrating Creativity into the Classroom* [Roundtable]. Southern Association for Counselor Education and Supervision (SACES) Conference. Dallas, TX, United States.

- Spears, J., & **Duffey, M.** (2022, November 10). *Two paths diverged: Using a 'Choose your own Adventure' Activity to Increase Student Self-Efficacy* [Poster session]. Texas Counseling Association's (TCA) 66th Annual Professional Growth Conference, Dallas, TX, United States.
- McVay, K., Lillis, **Duffey, M.**, Cruz, T. (2022, November 4). Counseling in Rural Communities: Ethical Considerations [Poster session]. Southern Association for Counselor Education and Supervision (SACES) Conference. Baltimore, MD, United States.
- Lillis, M., Spears, R., McVay, K., **Duffey, M.**, Cruz, T. (2021, November 5). *Unintentional virtual learning: First-year doctoral students' experiences through a strength-based lens* [Poster session]. Texas Counseling Association's (TCA) 65th Annual Professional Growth Conference, Galveston, TX, United States.
- Trepal, H., Cruz, T., & **Duffey, M.** (2021, February 25). *How do counseling programs prepare students for the school-to-work transition?* [Content session]. 2021 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference, Virtual.
- Villalobos, N., **Duffey, M.**, & Morris, C. (2020, February 28). *Redefining the strengths-based approach to counseling and counselor education.* [Poster presentation]. 2020 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference, San Antonio, TX, United States.

Teaching Activities Instructor of Record

COU 5113 Legal, Ethical, and Professional Issues in Counseling (Spring 2025, Summer 2025, Fall 2025)
 COU 5213 Counseling Theories (Fall 2024, Spring 2025)
 COU 6153 Career Development and Choice (Fall 2024, Spring 2025)
 COU 6883 Trauma, Crisis, and Grief Counseling (Fall 2024, Fall 2025)
 COU 5713 Clinical Mental Health Counseling Internship (Fall 2025, Summer 2025)
 WGSS 2013 Introduction to Women's Studies (Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025, Summer 2025, Fall 2025)

Teaching Activities Co-Teacher or Guest Lecturer

COU 3203 Child Abuse and Domestic Violence (Fall 2021, Co-Teacher)
 COU 5283 Counseling in a Multicultural Setting (Fall 2022, Co-Teacher)
 COU 5713 Clinical Mental Health Counseling Internship (Fall 2021, Co-Teacher)
 COU 6153 Career Development and Choice (Fall 2022, Guest Lecturer)
 COU 6523 Couples and Family Counseling Theories (Summer 2021, Co-Teacher)
 COU 712 College and University Teaching (Fall 2022, Fall 2024, Guest Lecturer)

Supervision

Internship Instructor Supervisor June 2025-present
 UT San Antonio Department of Counseling
 San Antonio, Texas

- Provides weekly group instruction and supervision to master's-level counseling interns enrolled in the Internship I & II Seminar course
- Facilitates case conceptualization, ethical decision-making, clinical skills, and professional identity development
- Reviews and provides feedback on session tapescripts, audio/video recordings, client documentation, and case conceptualizations

- Coordinates with site supervisors to support student progress and training needs
- Ensures supervision and documentation meets CACREP and Texas state licensure standards for counselors in training

Sarabia Family Counseling Center
University of Texas at San Antonio
San Antonio, Texas

January 2021 – May 2022

- Supervised CMHC master's level Practicum students
- Staffed with practicum faculty
- Maintained records and ensured paperwork completion

Grants

COEHD Dean's Graduate Research Grant, April 2023 (\$800 Awarded)

COEHD Dean's Graduate Research Grant, April 2022 (\$800 Awarded)

Graduate Student Professional Travel Grant, October 2021 (\$500 Awarded)

Editorial Activities

Editorial Board Member, *Teaching and Supervision in Counseling* (2024-present)

Graduate Student Editorial Board Member, *Teaching and Supervision in Counseling* (2022-2024)

Editorial Assistant, *CSI Exemplar* (2023-2024)

Reviewer, *Counselors' Bookshelf* (2023-2024)

Counseling Public Relations and Awareness Activities

Vodcast Guest. Irving, D. (Host). (2023, April 17). *Imposter syndrome in graduate students and new counselors* [podcast] American Counseling Association. <https://acapodcast.libsyn.com/imposter-syndrome-in-graduate-students-and-new-counselors>

Presenter, City Year Professional Development Event at Lanier High School (2022).

Speaker, Las Palmas Leadership School for Girls Career Fair (2022).

Vodcast Guest. Butler, K. (Host). (2022, July 23). *The student perspective* [video podcast] American Counseling Association. <https://podcasts.apple.com/us/podcast/the-voice-of-counseling/id1581474035>

Leadership and Service Activities

Counseling Professional Service

Chapter Co-Advisor, Sigma Alpha Chi Chapter of Chi Sigma Iota (2025-present)

Special Initiatives Committee Co-Chair, Association for Specialists in Group Work (2025-present)

Strategic Planning Committee Member, Association for Counselor Education and Supervision (2024-2025)

Accessibility and Inclusion Committee Member, Southern Association for Counselor Education and Supervision (2023-present)

Co-Chair, American Counseling Association Graduate Student and New Professional Committee (2022-2024)

Professional Counselors Committee Member, Chi Sigma Iota (2023-2024)

Graduate Student Representative, Sigma Alpha Chapter of Chi Sigma Iota Awards Committee (2024)

Chapter Development Grant Reviewer, Chi Sigma Iota (2023)

Graduate Student Liaison (Past-President Assistant), Association for Multicultural Counseling and Development (2022-2023)

Global Issues Advisory Board Member, International Institute of Advancement of Counseling Theory (2022-present)

Initiation Planning Committee, Sigma Alpha Chi Chapter of Chi Sigma Iota (2022)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Doctoral Brown Bag – Preparing for the Academic Job Search (2022)

Leadership Selection Committee, Sigma Alpha Chi Chapter of Chi Sigma Iota (2022)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Headshots and Resumes Workshop (2022)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Doctoral Brown Bag – Portfolio (2022)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Adopt-a-Family (2022)

Treasurer, Sigma Alpha Chi Chapter of Chi Sigma Iota (2021-present)

Committee Member, American Counseling Association Graduate Student and New Professional Committee (2021-2022)

Volunteer, Counseling Department Doctoral Interviews (2021-2022)

Reviewer, Association for Multicultural Counseling and Development Awards Committee (2021)

Awards Committee Member, American Counseling Association (2020-2021)

Professional Advocacy Task Force Member, American Counseling Association (2019-2020)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Advocacy Workshop (2021)

Co-Organizer, Sigma Alpha Chi Chapter of Chi Sigma Iota Doctoral Brown Bag – Preparing for the Job Search (2021)

Awards Committee Co-Chair, Sigma Alpha Chi Chapter of Chi Sigma Iota (2020-2021)

Representative, Sigma Alpha Chi Chapter of Chi Sigma Iota, College of Education and Human Development Prospective Student Open House (2021)

Co-Facilitator, Wellness Summit, College of Education and Human Development and Department of Counseling (2020)

Co-Presenter, Master's Portfolio Workshop, Department of Counseling (2020)

Counselor Community and Engagement Task Force Member, Sigma Alpha Chi Chapter of Chi Sigma Iota (2019-2020)

Community Service

Training and Leadership Chair, Junior League of San Antonio (2025-present)

Board Member, PFLAG San Antonio (2022-2023)

Volunteer, Magdalena House (2021-2022)

Nominating Committee Member, Junior League of San Antonio (2021-2022)

Vice President of Fund Development, Junior League of San Antonio (2020-2021)

Strategic Planning Task Force Member, Junior League of San Antonio (2019-2020)

Executive Director Hiring Task Force Member, Junior League of San Antonio (2019-2020)

Vice President-Elect of Fund Development, Junior League of San Antonio (2019-2020)

Volunteer, Haven for Hope (2018-2019)

Co-Chair, Unstoppable Speaker Luncheon, Junior League of San Antonio (2018-2019)

Leadership Academy Chair, Junior League of San Antonio (2017-2018)

Merchant Chair, Holiday Olé Market, Junior League of San Antonio (2016-2017)

Ticket Chair, Holiday Olé Market, Junior League of San Antonio (2014-2016)

LeaderBOARD Participant, Junior League of San Antonio (2014-2015)

Active Professional & Civic Memberships

American Counseling Association

Chi Sigma Iota International Counseling Honor Society

Association of Counselor Education and Supervision

Southern Association of Counselor Education and Supervision

Texas Association for Counselor Education and Supervision

Association for Multicultural Counseling and Development

Association for Specialists in Group Work

Junior League of San Antonio