
Beau Henry, B.S.

Master's Student

Department of Counseling

The University of Texas at San Antonio

beau.henry@my.utsa.edu

LinkedIn: [linkedin.com/in/beau-henry-377088232](https://www.linkedin.com/in/beau-henry-377088232)

EDUCATIONAL BACKGROUND

*Anticipated
December 2027*
GPA: 4.0

Master of Science in Clinical Mental Health Counseling
University of Texas at San Antonio, San Antonio, Texas
(CACREP-accredited)

May 2025
Major GPA: 3.64
Cumulative GPA: 3.55

Bachelor of Science, Psychology
Texas A&M University, College Station, Texas

PROFESSIONAL DEVELOPMENT TRAININGS AND CERTIFICATIONS

September 2022
Expires September 11, 2027

CITI Program Certification
Human Research (Social and Behavioral)

May 2026

Certificate of Achievement,
Mandatory Reporting Community Response for Youth and
Families
Texas Department of Family and Protective Services

April 2026

Certificates of Participation
2026 Trauma and Thriving Symposium
The University of Texas at San Antonio, San Antonio, Texas

Poster presenter of

- “Between Algorithm and Empathy: Counseling Student Development in the Age of AI”

Attendee of keynotes

- “Addressing and Assessing Trauma: The Relevance of Ethical and Legal Awareness”

- “Reframing the Narrative: The Intersection of Disability and Trauma and Strategies for Affirming Practice”
- “The Hidden Imprint: Trauma, the Brain, and Neurofeedback Healing”
- “Beyond Symptom Reduction: Military Service–Related Trauma and Fostering Conditions for Posttraumatic Growth”

May 2025 **Certificate in Behavioral Health**
Texas A&M University, College Station, Texas

May 2025 **Certificate in Healthy Development**
Texas A&M University, College Station, Texas

November 2023 **CITI Program Certification**
Responsible Conduct of Research (RCR)

CLINICAL HISTORY

May 2023 -
August 2023
&
May 2024 -
August 2024

Intern/Assistant to Group Therapist
Licensed Professional Counselor Supervisor: Delores White
Next Step Counseling, Victoria, Texas

- Observed and supported group therapy sessions for adult and adolescent clients in mandated sexual offense treatment settings.
- Contributed to the therapeutic process with observational notes, participation in group discussions, and organizing client documentation under LPC supervision.

RESEARCH EXPERIENCE

June 2026 -
Present **Masters Research Assistant**
Strengths and Wellbeing - Innovation Research Lab [Est. 2020]
University of Texas at San Antonio, San Antonio, Texas

- Identified and reviewed scholarly literature used to support the study.

August 2022 -
May 2025 **Undergraduate Research Assistant**
Existential Psychology Collaboratory
Texas A&M University, College Station, Texas

- Facilitated conduction of field research, including consent procedures and data collection.
- Assisted in the collection of in-laboratory participant data.
- Contributed to laboratory meetings and meeting topic development.

Research Interests

- Trauma
- Addiction
- Anxiety and Depressive Disorders
- Social Determinants and Mental Health
- Lifespan Mental Health
- Developmental Psychopathology
- PTSD

TEACHING ACTIVITIES

Courses

Texas A&M University

PBSI 484

Field Experiences (Fall 2023)

(PsychMentor for PBSI 107: Introduction to Psychology)

- Led bi-weekly mentorship sessions for incoming Texas A&M psychology majors focused on academic preparation and graduate school pathways and preparations.
- Provided individual mentoring and collaborated with other mentors to develop presentations and improve program engagement.

SERVICE AND LEADERSHIP ACTIVITIES

May 2026 -
Present

Awards Committee Chair

Sigma Alpha Chi Chapter of Chi Sigma Iota

University of Texas at San Antonio, San Antonio, Texas

- Responsible for the preparation and submission of nominations of chapter members for the CSI International Awards for the fall.
- Tasked with collecting nominations for chapter awards in the spring.

January 2026 -
Present

Digital Communications Committee Member

Strength and Wellbeing Innovation Research Lab [Est. 2020]

University of Texas at San Antonio, San Antonio, Texas

- Produced well-being social media posts through in-depth research.
- Contributed to poster development for the 2026 Trauma and Thriving Symposium.

August 2022 -
January 2023

Club Member and Community Service Volunteer
Aggie Habitat for Humanity
Texas A&M University, College Station, Texas

October 2021 -
May 2022

Club Member and Community Service Volunteer
Texas A&M Psychology Club
Texas A&M University, College Station, Texas

SCHOLARLY PRESENTATIONS

2026 Trauma and Thriving Symposium

Nieto, I., **Henry, B.**, Allbritton, G., Cavazos-Reyes, E., Cristal Velasquez, Sanchez, Viviana. (2026, April 24). *Between Algorithm and Empathy: Counseling Student Development in the Age of AI* [Poster presentation]. 2026 Trauma and Thriving Symposium, San Antonio, Texas.

AWARDS AND HONORS

University Awards

Spring 2025

Cum Laude
Institutional Honors
Texas A&M University, College Station, Texas

PROFESSIONAL MEMBERSHIPS

Active Memberships

Since 2026

Chi Sigma Iota International Counseling Academic and
Professional Honors Society (Current Chapter: Sigma Alpha Chi)