
Christina Daou, MS

Licensed Professional Counselor Associate

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EDUCATIONAL BACKGROUND

<i>Anticipated May 2027</i>	Doctor of Philosophy, Counselor Education and Supervision, University of Texas at San Antonio, San Antonio, Texas. (CACREP-accredited)
<i>May 2024</i>	Master of Science, Clinical Mental Health Counseling, University of Texas at San Antonio, San Antonio, Texas. (CACREP-accredited)
<i>May 2020</i>	Minor in Education, University of Balamand, Lebanon
<i>May 2020</i>	Bachelor of Arts Majoring in Psychology, University of Balamand, Lebanon

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor Associate (LPC Associate), Texas #95666, 2024 –present
Supervised by Swathi Weaver LPC-S

National Certified Counselor (NCC), #1734236, 2024 – present

PROFESSIONAL EMPLOYMENT HISTORY

August 2024 – present	Graduate Research Assistant, <i>The University of Texas at San Antonio</i>, San Antonio, Texas • Conduct qualitative and quantitative research. • Transcription, and coding of research data by using different research software such as NVivo.
September 2022 – June 2024	Admissions Counselor, <i>Department of Labor-Job Corps</i>, San Antonio, Texas • Work with a youth population of 16–24-year-old individuals in need of career support. • Provide admission services and career guidance to a constantly growing caseload. • Outreach and build connections with the San Antonio and vicinity community.

- November 2023 – May 2024
- Graduate Research Assistant, *The University of Texas at San Antonio, BRITE Project*, San Antonio Texas
Grant funded by the Brain Health Consortium-Collaborative Seed Grant.
- Work under Dr. Priscilla Prasath on the BRITE research project.
 - Plan and organize workshops for school counselors on Brain health and its implementation in the classroom.
 - Transcription, and coding of research data by using different research software such as NVivo.
- May 2023 – October 2023
- Graduate Research Assistant, *The University of Texas at San Antonio, Student Success Center-Thrive Project*, San Antonio, Texas
Grant funded by the Texas Higher Education Coordinating Board Accelerating Student Success Grant (THECB).
- Work under Dr. Priscilla Prasath on the Student Thriving research project.
 - Transcription, and coding of research data by using different research softwares.
 - Writing up a report on findings.
- October 2021 – October 2022
- Registered Behavior Technician, *Action Behavior Centers*, San Antonio, Texas
- Provide Applied Behavior Analysis based therapy to a caseload of six children per day.
 - Writing Soap Notes after each session.
 - Maintaining confidentiality, ethical behavior, and following HIPPA Guidelines. Maintaining professional relationships and communication with caregivers of children diagnosed with autism spectrum disorder.
- November 2020 – December 2020
- Special Education Paraprofessional, *Al-Rissala Special Education Department*, Lebanon.
- Developed Individualized Educational Plans (IEP) for a caseload of 25 children aged 5 to 18 and provided psychoeducational and psychosocial interventions for both parents of students with special needs and school staff.
- January 2018 – May 2020
- Undergraduate Assistant, Department of Psychology, *University of Balamand-department chairperson*, Lebanon
- Handled student records, filing, and management in a confidential manner.
 - Established student orientation sessions and presentations for new potential students.
 - Developed a 5-trait-personality questionnaire linking career-choice and personality traits.

- Administered the developed tool to students in different high schools in the area.
- Research work by conducting research-related literature reviews.
- Organization and management of the department held workshops, the psychology department social media, phone, and email.

RELEVANT CLINICAL EXPERIENCE

July 2024 – present	Licensed Professional Counselor Associate LPC Associate, <i>Transform and Renew</i>, San Antonio, Texas Provide counseling services in a private practice setting to young adults.
June 2024 – present	Regional Assessment Specialist, <i>Action Behavior Centers</i>, San Antonio, Texas Conducts The Autism Diagnostic Observation Schedule-Second Edition (ADOS-2) as a standardized assessment tool that helps providers diagnose autism spectrum disorders (ASD) in children.
December 2022 – December 2024	Clinical Counseling Intern, <i>Children’s Alliance of South Texas</i>, Jourdanton, TX • Therapy intakes and therapy sessions with children who are victims of abuse (individual sessions and group sessions). • TF-CBT training and certification. • Attended and participated in Counselors Against Sex Trafficking 2-day training.
January 2023 – April 2023	Clinical Counseling Intern, <i>Sarabia Family Counseling Center</i>, San Antonio, Texas • Conducted counseling services to undergraduate students. • Co-lead court-mandated groups within Juvenile Justice requirements under Bexar County.
November 2020 – December 2020	Clinical Psychology Intern, Department of Psychiatry, <i>Saydet Zgharta Hospital</i>, Lebanon • Implemented intake interviews, psychosocial, and psychoeducational interventions, and diagnostic interviewing with 20 patients. • Observed and shadowed treatments provided under a psychiatrist and psychologist for 40 patients.

AWARDS AND HONORS

- 2024 *Outstanding Service to Chapter Award, Awardee, Sigma Alpha Chi of Chi Sigma Iota-San Antonio Chapter*
- 2023 *CAST Internship Program. Counselors Against Sex Trafficking Internship Program funded by Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. (\$1,983). Funded. 2023.*
- 2023 *Outstanding Entry-Level Student Award, Awardee, Sigma Alpha Chi of Chi Sigma Iota-San Antonio Chapter*
- 2022 *Excellence Award, Awardee Action Behavior Centers*

RESEARCH/SCHOLARLY/CREATIVE ACTIVITIES

(*denotes data-based)

My research centers on counselor training and the experiences of peer Teaching Assistants in clinical master's skills courses. I explore the reflections of professionals in administrative counseling roles and the insights gained from master's students serving as TAs. Presentations cover topics like maintaining wellness in trauma work and student self-efficacy. I'm also involved in funded initiatives like the Brain Health Consortium Collaborative Seed Grant and the Texas Higher Education Coordinating Board's Accelerating Student Success Grant, aiming to enhance innovative educational approaches for student success.

Research Labs

Strengths and Wellbeing Innovation Research Lab (SW-IRL) [Est. 2020]

Member since 2022

- Work under Dr. Priscilla Prasath on 5 different research projects.
- Transcription, and coding of research data by using different research software.
- Developing the lab social media and website.
- Conducted semi-structured interviews.
- Engaged in thematic analysis of qualitative data.
- Engaged in 4 presentations (National, and Regional). participating in 2 manuscripts currently in progress.

Refereed Publications

- [JA1] Harrichand, J. J. S., McVay, K. Romero, D., & **Daou, C.** (2024). *Counselors-in-training experiences with legislative advocacy: Expanding the three-tiered legislative professional model*. University of Texas at San Antonio. *

Manuscripts Under Review

- [UR3] Prasath, P. R., **Daou, C.**, & Nieto, B. (2025, under review). *Reflections on counselor training by professionals with counseling degrees in administrative leadership roles*. University of Texas at San Antonio. *
- [UR2] Bloomfield, M. E., Contreras, A., **Daou C.**, & Prasath, P. R. (2025, under review). *Scrolling through symptoms: A scoping review of professional mental health content on TikTok*. Technology, Mind, and Behavior.
- [UR1] **Daou, C.**, McVay, K., Cruz, T., & Prasath, P. R. (2025, under review). *Teaching Through Collaboration: A New Era for Peer Teaching Assistants in Counselor Education*. University of Texas at San Antonio.

Manuscripts In Progress

- [IP6] **Daou, C.**, Bloomfield, M. E., Nieto, B., & Prasath, P. R. (2025, *In Preparation*). *Understanding Student Experiences and Learning Processes in AI-Mediated Counseling Theory Role Play: A Qualitative Exploration*. University of Texas at San Antonio. *
- [IP5] Bloomfield, M. E., Harrichand, J. J. S., **Daou C.**, Prasath, P. R., & Behl M. (2025, *data collection*). *Comparing Human and AI Diagnostic Judgments: An Examination of Graduate Student Accuracy and Confidence in Response to AI-Generated Diagnoses*. University of Texas at San Antonio. *
- [IP4] Bloomfield, M. E., Contreras, A., **Daou C.**, & Prasath, P.R. (2025, *data collection*). *Mental health in a minute: Analyzing clinical content on TikTok*. University of Texas at San Antonio. *
- [IP3] **Daou, C.**, & Lee, D. (2025, *In Preparation*). *Belonging Blooms: Nurturing Thriving through Academic Success and Wellbeing in Graduate Counseling Programs*. University of Texas at San Antonio. *
- [IP2] Harrichand, J. J. S., McVay, K. Romero, D., & **Daou, C.** (2025, *In Preparation*). *Validation of the expanded model of the three-tiered legislative professional model within counselors-in-training experiences with legislative advocacy*. University of Texas at San Antonio. *
- [IP1] Prasath, P. R., McVay, K., Cruz, T., **Daou, C.**, & Reyna-Ortega, G. (2025, *writing*). *Master's students' experiences working as peer Teaching Assistants in clinical master's skills courses*. University of Texas at San Antonio. *

Book Chapters

- [BC1] **Daou C.**, Bloomfield, M. E., Harrichand, J. J. S. (2025, *under review*).
 Preparing Counselors in Training as Change Agents: Advocacy
 Training in Graduate Programs. In S. Golden & A. Harrison (Eds.).
*Culturally responsive leadership and advocacy in counseling and
 school counseling: practical strategies for students, educators, and
 practitioners*. Cognella Publishing.

SCHOLARLY, RESEARCH, AND CREATIVE ACTIVITIES

(**denotes data-based)

National Presentations– Refereed Contributions

- Bloomfield, M. E., Contreras, A., **Daou, C.**, & Prasath, P. R. (2025, April 9-11, submitted). "*I Saw it on TikTok*": *Therapeutic Responses to Social Media Misinformation* [Education session]. 2026 American Counseling Association (ACA) Annual Conference & Expo, Columbus, OH.
- Harrichand, J. J. S., Romero, D. E., McVay, K., & **Daou, C.** (2025, October 9). Empowering Future Advocates: Integrating Legislative Advocacy into Counselor Training and Supervision. [Content Session] Association for Counselor Education and Supervision (ACES). Philadelphia, Pennsylvania.
- McVay, K., **Daou, C.**, Holleck, M., Prasath, P. R., & Cruz, T., (2025, October 11). From Peer to Pro: Rethinking TA Training in Counselor Education. . [Content Session] Association for Counselor Education and Supervision (ACES). Philadelphia, Pennsylvania.
- Prasath, P. R., McVay, K., Cruz, T., **Daou, C.**, & Reyna-Ortega, G. (2023, October 15). *Peer teaching assistant (TA) experiences in skills development course*. [Roundtable presentation]. Association for Counselor Education and Supervision (ACES). Denver, Colorado.

State – Refereed Contributions

- Daou, C.**, & Lee, D. (2025, February 29). *Belonging Blooms: Nurturing Thriving through Academic Success and Wellbeing in Graduate Counseling Programs*. [Poster Presentation]. Texas Association for Counselor Education and Supervision (TACES) 2025 Midwinter Conference, Downwright Hotel, Austin, TX, United States.
- Harrichand, J. J. S., McVay, K., Romero, D. E., & **Daou, C.** (2024, October 31). *Looking Towards TCA 2025 Legislative Advocacy Day: What can Counselors do to prepare?*. [Content presentation]. Texas Counseling Association (TCA) 2024 68th Annual Professional Growth Conference, Sheraton Dallas Hotel & Conference Center, Georgetown, TX, United States. *

- Harrichand, J. J. S., McVay, K., Romero, D. E., & **Daou, C.** (2024, February 21). *Expanding the three-tiered legislative professional advocacy model*. [Education session]. Texas Association for Counselor Education and Supervision (TACES) 2024 Midwinter Conference, Sheraton Austin Georgetown Hotel & Conference Center, Georgetown, TX, United States. *
- Romero, D. E., **Daou, C.**, & Martin, J., & Prasath, P. R. (2023, November 2). *Maintaining wellness when working with complex trauma: Considerations for the master's clinical experience* [Poster presentation]. Texas Counseling Association (TCA) 2023 Professional Growth Conference, Houston, TX, United States.
- Prasath, P. R., Lockhart, J., & **Daou, C.** (2023, March 3). *Perceptions on counselor training: Voices of professionals with counseling degrees in administrative leadership roles outside of traditional counseling settings* [Content presentation]. Texas Association for Counselor Education and Supervision (TACES) Conference, Georgetown, Texas. *
- Spears, J. R., Duffey, M., **Daou, C.**, & Prasath, P. R. (2023, March 3). *It depends: Examining student self-efficacy through a 'choose-your-own-adventure' classroom activity* [Poster presentation]. Texas Association for Counselor Education and Supervision (TACES) Conference, Georgetown, Texas. *

Invited Presentations

- Voronin, L., Bloomfield, M. E., Almendarez, A., & **Daou, C.** (2024, November 23). *Foundations to flourish: A dive into applying counseling theories* [Education Session]. Sigma Alpha Chi Chapter of Chi Sigma Iota, University of Texas at San Antonio, San Antonio, TX.

GRANTING ACTIVITIES

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| 2025 | ACES Conference – Content Sessions and Poster Presentation – UT San Antonio Graduate School Research Grant (\$570). Funded. 2025. |
| 2025 | ACES Conference – Content Sessions and Poster Presentation – UT San Antonio Graduate School Travel Grant (\$570). Funded. 2025. |
| 2025 | Chi Sigma Iota – Counseling Academic and Professional Honor Society International, 2024-2025 Excellence in Counseling Research Grants (\$759). Funded – 2025. |
| 2024 | TCA Conference – Content Presentation on Looking Towards TCA 2025 Legislative Advocacy Day COEHD Travel Grant (\$1000). Funded. 2024. |

- 2024 College of Education and Human Development COEHD – Full Funding for Counselor Education and Supervision Program (\$39,437). Funded. 2024-2027.
- 2023 ACES Conference – Roundtable for the use of peer TAs in skills development classes COEHD Travel Grant (\$1000). Funded. 2023.

TEACHING ACTIVITIES

Courses Co-Instructed

The University of Texas at San Antonio

- COU 5393 Development of Counseling Skills (Fall 2025, Doctoral Teaching Assistant, and Supervisor).
- COU 5113 Ethical, Legal, and Professional Issues in Counseling (Summer 2025, Co-Instructor).
- COU 5283 Counseling in a Multicultural Setting (Fall 2024, Spring 2025, & Fall 2025, Co-Instructor).
- COU 6153 Career Development and Choice (Spring 2024, Peer Teaching Assistant).

PROFESSIONAL DEVELOPMENT TRAINING AND CERTIFICATION[DR7]

- 2024 Cognitive Processing Therapy - Medical University of South Carolina
- 2022-2025 CITI Training for Human Research and Social/Behavioral Research – UTSA
- 2023 Understanding Human Trafficking – The Office for Victims of Crime Training and Technical Assistance Center.
- 2023 Sex Trafficking Training – Counselors Against Sex Trafficking CAST, UTSA
- 2023 Psychological First Aid (PFA) – The National Child Traumatic Stress Network
- 2023 Trauma-Informed Care Through a Multicultural Lens Workshop – Sigma Alpha Chi Chapter of Chi Sigma Alpha Iota
- 2023 Counseling on Access to Lethal Means CALM – ZeroSuicide Institute
- 2023 Trauma-Focused Cognitive Behavior Therapy – TF-CBT WEB 2.0

2023	Reporting Suspected Abuse or Neglect of a Child Training – Texas Department of Family and Protective Services
2020	Psychological First Aid – John Hopkins University
2020	Resilience in Children Exposed to Trauma, Disaster, and War – University of Minnesota
2019	Cultivating an inclusive classroom – University of Balamand, Lebanon
2019	Teach with a Twist: Empowering ALL Students in Your Classroom – University of Balamand
2018	Mental Health, Sexuality, and Gender Identity– University of Balamand
2018	Neurological Interventions Across the Adult Life-Span – GMRC-LIBAN

PROFESSIONAL SERVICE ACTIVITIES AND LEADERSHIP POSITIONS

2025-2026	Chi Sigma Iota Leadership Fellow
2025 – 2026	Chair on the Products Committee, Association for Specialists in Group Work (ASGW) Conference Proposal Reviewer
2024 – 2025	President-Elect, Sigma Alpha Chi Chapter, Chi Sigma Iota
2023 – 2024	Treasurer, Sigma Alpha Chi Chapter, Chi Sigma Iota

PROFESSIONAL MEMBERSHIPS

2024-present	Association for Specialists in Group Work (ASGW)
2023 – present	American Counseling Association (ACA)
2023 – present	Association for Counselor Education and Supervision (ACES)
2023 – present	Texas Counselors Association (TCA)
2023 – present	Texas Association for Counselor Education and Supervision (TACES)
2023 – present	Chi Sigma Iota International (Current Chapter: Sigma Alpha Chi)
2019 – 2021	Interact - Rotary Club

LANGUAGES KNOWN

English; French; Arabic