
Isabella Nieto, B.A

Master's Student
Department of Counseling
The University of Texas at San Antonio
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LinkedIn:

EDUCATIONAL BACKGROUND

*Anticipated
December 2025* Master of Science in Clinical Mental Health Counseling, University of
Texas at San Antonio, San Antonio, Texas. (CACREP-accredited)
GPA: 3.9

May 2023 Bachelor of Arts in Political Science, University of Texas at San Antonio, San
GPA: 3.9 Antonio, Texas.

PROFESSIONAL EMPLOYMENT HISTORY

February 2025- Graduate Research Assistant (Grant Funded)- *The University of Texas at San*
August 2025 *Antonio*, San Antonio TX

- Supervised by Dr. Priscilla Prasath, Dr. Amy Buechler-Steubing, and the Strategic Initiatives and Learning Innovation Division of Student Success.
- Responsibilities: co-facilitating focus groups, editing transcripts, coding, data interpretation, and report writing.

October 2023- Regional Program Coordinator- *Texas Freedom Network*
October 2025

- Responsibilities: planning and implementing voter engagement campaigns; coordinating Texas Rising student chapters on targeted campuses in the region to implement the grassroots electoral and issue advocacy campaign plan; management of two part-time staff members; developing and maintaining relationships with partner organizations and allies in the community

RELEVANT RESEARCH EXPERIENCE

2025-Present Volunteer Research Assistant - *University of Texas at San Antonio*, San
Antonio, Texas

- Participating in qualitative data coding for the Counselors Against Sex Trafficking Research Lab with Dr. Devon Romero, Dr. Claudia Interiano-Shiverdecker, Dr. Priscilla Prasath, and Dr. John Harrichand.

2025-Present Volunteer Research Assistant - *University of Texas at San Antonio*, San
Antonio, Texas

- Participating in qualitative data coding for the Strengths Wellbeing and Innovation Research Lab with Dr. Priscilla Prasath.

Research Interests:

- Eating Disorders
- Trauma
- Multicultural Issues
- Positive Psychology

Research Labs:

Counselors Against Sex-Trafficking Research Lab (CAST) [Est. 2019]

Member since 2025

- Member, CAST Professional Development Committee
- Member, CAST Social Media Committee
- Transcribing qualitative interviews

Strengths and Wellbeing Innovation Research Lab (CAST) [Est. 2020]

Member since 2025

- Transcribing qualitative interviews
- Proficiency in NVivo coding for qualitative data analysis
- Contributing to 1 manuscript currently in progress on counselor's in leadership roles

Manuscripts in Progress

[IP1] Prasath, P.R., Lockhart, J.R., Daou, C., & Nieto, I. (2025). *A Qualitative Exploration of How Counselor Training Supports Graduates' Success in Organizational Leadership Roles*. University of Texas at San Antonio.

SCHOLARLY PRESENTATIONS

State and Regional- Referred Contributions

Weaver, S., Nieto, I. (2025, January 10). *Disordered Eating in Indian-American Women: Raising Awareness for Counselors* [Conference presentation]. South Central Regional Counseling Conference, San Antonio, TX.

PROFESSIONAL DEVELOPMENT TRAINING AND CERTIFICATIONS

2025- Present CITI Training for Human Research and Social/Behavioral Research, University of Texas at San Antonio

SERVICE AND LEADERSHIP ACTIVITIES

2024- Present Clinical Mental Health Counseling Representative, Sigma Alpha Chi Chapter of Chi Sigma Iota, San Antonio, Texas.

- Liaison to the Clinical Mental Health Counseling program.
- Represent the needs/wants of their respective constituents and student body.
- Organize and plan events to improvement the leadership and professional development of the chapter.

2025- Present Chair of CAST Social Media Committee, Counselors Against Sex Trafficking Research Lab, San Antonio, Texas.

- Coordinating social media posts for the Counselors Against Sex
- Trafficking Research Lab
- Collaborating with the social media committee to promote
- awareness and advocacy related to sex trafficking

2025- Present Chair of Digital Communications Committee, Strengths and Wellbeing Innovation Research Lab, San Antonio, Texas.

- Coordinating social media posts for the Strengths and Wellbeing Innovation Research Lab.
- Delegating tasks to committee members for social media and website.
- Organizing and introducing blog feature to website.
- Maintaining updates to lab website and social media.

PROFESSIONAL MEMEBERSHIPS

2024- Present Sigma Alpha Chi Chapter of Chi Sigma Iota, Student Member

2024- Present Texas Counseling Association, Student Member