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# Morgan E. Bloomfield, MS, LMFT, LPC

Doctoral Student

Department of Counseling

The University of Texas at San Antonio

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## Executive Summary

Counselor Education and Supervision doctoral student and dual licensed marriage and family therapist supervisor and professional counselor supervisor with nine years of post-master's experience, with a clinical focus on trauma-related disorders, personality disorders, bipolar disorders, major depression, and anxiety disorders. Research interests include technological innovation in the field of counseling.

## Educational Background

<i>Anticipated May 2027</i>	Doctor of Philosophy in Counselor Education and Supervision, University of Texas, San Antonio (CACREP-accredited)
June 2016	Master of Science, Marriage and Family Therapy, Thomas Jefferson University, Philadelphia, PA (COAMFTE-accredited)
May 2014	Bachelor of Science in Psychology and Sociology, Tulane University, New Orleans, LA

## Licensure and Certification

Licensed Marriage and Family Therapist Supervisor (LMFT-S), Texas #203470, 2019 – Present

Licensed Professional Counselor Supervisor (LPC-S), Texas #82044, 2019 – Present

Licensed Marriage and Family Therapist (LMFT), Louisiana #1311, 2018 – 2020

Licensed Professional Counselor (LPC), Louisiana #6841, 2018 – 2020

## Professional Employment History

January 2025 – Present	<p>Lecturer, <i>The University of Texas at San Antonio</i>, San Antonio, TX</p> <ul style="list-style-type: none"><li>• Design and deliver comprehensive online curriculum for undergraduate courses to 90+ students</li><li>• Maintain high student engagement in asynchronous learning environment through interactive discussion forums and multimedia content</li><li>• Create engaging digital learning materials addressing sensitive topics with appropriate trauma-informed approaches</li></ul>
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- January 2025 - Present      Head of Insights, *DigiWell Foundation*, TX
- Collect and organize foundational data to support organizational insights and future strategic decision-making in digital well-being initiative
  - Develop initial research framework to track and analyze digital wellness metrics for DigiWell's emerging programs and community impact
- January 2025 – May 2025      Doctoral Intern, *Texas State University Career Services*, San Marcos, TX
- Conducted career counseling sessions, helping students and alumni improve resumes and prepare for interviews
  - Supported students exploring different majors and career pathways by facilitating one-on-one discussions and self-assessment activities and connecting them with appropriate resources
- October 2023 – Present      Psychotherapist, *Baobab Psychiatric Services*, Round Rock, TX
- Facilitate impactful therapy sessions through thorough case assessments and targeted intervention plans tailored for individual, couples, and family settings.
  - Maintain an average therapeutic caseload of 28 clients weekly, utilizing advanced scheduling and time management techniques.
  - Implement EMDR and DBT methodologies to effectively address trauma-related, personality, and mood disorders, achieving significant clinical outcomes.
- January 2022 – September 2024      Psychotherapist, *LifeStance Health, Inc.*, San Marcos, TX
- Provided counseling and therapy to clients both individually and systemically.
  - Utilized scheduling systems to optimize the management of 28-32 client caseloads on a weekly basis, ensuring high-quality care.
  - Conducted over 1,000 therapy sessions annually, utilizing cognitive-behavioral, emotion focused, DBT, and EMDR modalities and evidence-based practices to improve client mental health outcomes.
- May 2019 – December 2021      Psychotherapist, *Chupik Counseling & Consulting*, Austin, TX
- Employed specialized therapeutic techniques to manage complex mental health issues, resulting in measurable improvement in clinical outcomes.
  - Actively sought additional training, including EMDR training, to improve clinical skill and increase treatment modalities offered to clients.
  - Developed and implemented individualized treatment plans for an average of 30 weekly clients through evidence-based therapeutic techniques and consistent follow-up sessions.
- June 2017 – July 2018      Implementation Team Lead, *National Institute of Justice School Safety Project, JCFA-West*, Harvey, LA.

- Defined organizational goals in accordance with the program directives defined in the NIJ grant.
- Spearheaded stakeholder engagement initiatives to improve students' access to community resources.
- Coordinated and delivered instructional training to improve faculty members' positive behavioral intervention skills.
- Tracked data on student discipline referrals, including ISS, OSS, and expulsions, and assessed data trends over time with the implementation of program initiatives.

June 2017 – July  
2018

Site Coordinator, *Communities in Schools*, New Orleans, LA

- Oversaw AmeriCorps intern's clinical performance and utilize CISDM database to track and analyze efficacy and progress data.
- Managed individualized mental health interventions for a diverse student population, impacting over 100 students and their families with targeted support.
- Executed immediate crisis interventions and created comprehensive crisis prevention plans to stabilize at-risk students.
- Assisted court-involved students in navigating the juvenile and adult justice systems.
- Oversaw training initiatives that improved faculty capacity to implement Positive Behavior Intervention Systems (PBIS), using data analytics to track progress and impact.

August 2016 –  
June 2017

Intern Therapist, *AmeriCorps Intern*, New Orleans, LA

- Addressed mental health concerns in high school students through tailored therapeutic strategies for depression, anxiety, PTSD, and substance use disorders.
- Designed and led social skills workshops, evaluating the effectiveness of student interactions in real-time with classroom metrics.
- Partnered with school personnel to identify and prioritize students' mental health service needs.
- Coordinated with local organizations to offer targeted support services to students, improving overall well-being.
- Conducted crisis assessments and developed intervention strategies for students in urgent need, ensuring rapid mental health support.

November 2014  
– April 2016

Intern Therapist, *Council for Relationships*, Philadelphia, PA

- Offered low-fee therapy services to individuals, couples, and families, addressing diverse mental health needs using culturally competent approaches.
- Conducted comprehensive intake assessments, formulating tailored treatment strategies using evidence-based practices.
- Facilitated client access to relevant community services.

- Assisted in conducting over 500 therapy sessions concurrent with pursuit of master's degree, using evidence-based techniques to support client progress and enhance emotional well-being.

August 2014 – May 2015 Graduate Assistant, *Couple and Family Therapy Department at Thomas Jefferson University under Diane Thompson, PhD*, Philadelphia, PA

## Awards and Honors

Fall 2014 – Spring 2016 *Thomas Jefferson University, Academic Scholarship (2 years)*

August 2012 – May 2013 *Tulane University, Fellowship in Sociology Department*

Fall 2010 – Spring 2014 *Tulane University, Founders Scholarship (4 years)*  
Awarded to students in top 10% of their class

## Research and Scholarly Activities Summary

*My research agenda explores the intersection of technological innovation and mental health education in the digital landscape. As a doctoral candidate in Counselor Education and Supervision at UTSA, I investigate how emerging technologies reshape public mental health literacy and professional practice.*

### Research Lab

Strengths and Wellbeing Innovation Research Lab  
Doctoral Research Assistant

### Manuscripts in Progress

(\*denotes data-based manuscript)

- [IP1] **Bloomfield, M. E.**, Contreras, A., Daou C., & Prasath, P. R. (2025, *data analysis*). Scrolling through symptoms: A scoping review of professional mental health content on TikTok. \*
- [IP2] **Bloomfield, M. E.**, Harrichand, J. J. S., Daou C., Prasath, P. R., & Behl M. (2025, *data collection*). Comparing human and AI diagnostic judgments: An examination of graduate student accuracy and confidence in response to AI-generated diagnoses. \*

### Book Chapters

- [BC1] Daou C., & **Bloomfield, M. E.** (2025, *writing*). Culturally responsive leadership and advocacy in counseling and school counseling: Practical strategies for students, educators, and practitioners. S. Golden & A. Harrison (Eds.). Cognella Publishing.

### Newsletter Entries

- [OP2] **Bloomfield, M. E. & Prasath, P. R.** (2025, Summer, *submitted*). The future's not what it used to be: Rethinking leadership and digital citizenship in counselor education. *Southern Association for Counselor Education and Supervision (SACES) Summer 2025 Newsletter*, 20(3).
- [OP1] **Bloomfield, M. E., Contreras, A., & Harrichand, J. J. S.** (2024, Fall). Navigating AI in counselor education: Ethical integration and emerging frontiers. *Southern Association for Counselor Education and Supervision (SACES) Fall 2024 Newsletter*, 20(1).

### ***Scholarly Presentations***

- Bloomfield, M. E., & Contreras, A.** (2025, October 8-12, *accepted*). *Integrating GAI in counselor education while preserving human-centered practice* [Education session]. Association for Counselor Education and Supervision (ACES) National Conference, Marriott Philadelphia Downtown Hotel, Philadelphia, PA.
- Whiting, M., & **Bloomfield, M. E.** (2025, October 8-12, *accepted*). *Bridging technology and tradition: Implementing AI tools in CACREP counseling skills classes to increase counselor efficacy* [Poster presentation]. Association for Counselor Education and Supervision (ACES) National Conference, Marriott Philadelphia Downtown Hotel, Philadelphia, PA.
- Bloomfield, M. E., & Harrichand, J. J. S.** (2025, February 27-28). *Pitfalls and potential of artificial intelligence in counselor education* [Roundtable session]. Texas Association for Counselor Education and Supervision (TACES) 2025 Midwinter Conference, Downwright Hotel-Austin, Austin, TX.

### ***Invited Presentations***

- Fall, K. A., Schlosz, D. J., **Bloomfield, M. E., Lau, J., Johnson, J.** (2025, April 6). *CSI Community Panel* [Panel discussion]. Sigma Tau Sigma Chapter of Chi Sigma Iota, Texas State University, San Marcos, TX.
- Voronin, L., **Bloomfield, M. E., Almendarez, A., & Daou, C.** (2024, November 23). *Foundations to flourish: A dive into applying counseling theories* [Education session]. Sigma Alpha Chi Chapter of Chi Sigma Iota, University of Texas at San Antonio, San Antonio, TX.

### **Teaching Activities**

#### ***Courses Taught***

##### The University of Texas at San Antonio

COU 3103	Helping Skills (Summer 2025, <i>scheduled Fall 2025</i> )
COU 3203	Child Abuse & Domestic Violence (Spring 2025, Summer 2025, <i>scheduled Fall 2025</i> )
COU 5683	Practicum in Counseling (Summer 2025, Co-instructor)
COU 5393	Development of Counseling Skills (Fall 2024, Co-instructor)

#### ***Guest Lectures***

##### The University of Texas at San Antonio

COU 5213                      Counseling Theories (Spring 2025)

**Professional Development Training**

TACES 2025 Mid-Winter Conference. (2025). Texas Association for Counselor Education and Supervision, Austin, TX.

Social / Behavioral Research Course. (2024). CITI Program.

EMDR and Telehealth Mastery Course: Advanced EMDR Trauma Treatments via Telehealth & In-Person. (2023). PESI.

Telehealth and DBT: Best Practices, Essential Skills, and Ensuring Safety. (2022). PESI.

Certified Dialectical Behavior Therapy Professional (C-DBT) Training: An Advanced Online Skills Training for Adapting Dialectical Behavior Therapy for Everyday Clinical Needs. (2022). Lane Pederson, PESI.

EMDR Therapy Basic Training. (2020). Institute for Professional and Creative Development, EMDR Texas.

Telehealth for Mental Health Professionals. (2020). PESI.

Texas Mental Health & The Law. (2020). PESI.

2019 AAMFT Annual Conference. (2019). American Association of Marriage and Family Therapy, Austin, TX.

Trauma-Informed MTSS/RTI: Practical and Evidence-Based Practices. (2018). Human Development Center, LSUHSC, New Orleans, LA.

Louisiana Counseling Association State Conference. (2017). Louisiana Counseling Association.

The Role of Attachment Theory in the Understanding and Treatment of Sexuality in Relationships. (2016). Sue Johnson, Drexel University, Philadelphia, PA.

PREPARE / ENRICH Certified Facilitator Training. (2016). Prepare/ Enrich.

2015 AAMFT Annual Conference. (2015). American Association of Marriage and Family Therapy, Austin, TX.

Substance Abuse Seminar. (2015). Council for Relationships, Philadelphia, PA.

Narrative Practices Conference. (2014). Council for Relationships Bryn Mawr, PA.

**Professional Service Activities and Leadership**

*July 2025*                      Committee Member, Artificial Intelligence Task Force, *Association for Counselor Education and Supervision*

December 2015 - April 2016 Co-chair of Jefferson Students for CPI Fundraising Committee, *Council for Relationships*, Philadelphia, PA

August 2014 - April 2016 Interprofessional Education Team Liaison for Health Mentors Program, *Thomas Jefferson University*, Philadelphia, PA

### ***Professional Memberships***

2025 – Present Chi Sigma Iota Counseling Society, International (CSI)  
 2025 – Present Sigma Alpha Chi Chapter of Chi Sigma Iota Counseling Society, (CSI)  
 2025 – Present Association for Counselor Education and Supervision (ACES)  
 2024 – Present Texas Counseling Association (TCA)  
 2024 – Present Texas Association of Marriage and Family Counselors Division of TCA  
 2024 – Present Texas Association for Marriage and Family Therapy (TAMFT)  
 2017 – 2019 Louisiana Counseling Association (LCA)  
 2015 – 2017 American Association for Marriage and Family Therapy (AAMFT)  
 2015 – 2017 Pennsylvania Association for Marriage and Family Therapy (PAMFT)